



**Bristol Dementia**  
Action Alliance



# Dementia Awareness Session

**Tuesday 5<sup>th</sup> December 10.30am for 11am start  
(1 hour session)**

## **Congresbury Bowling Club**

**Mill Leg  
Congresbury  
Bristol  
BS49 5JE**

### **Please come and join us**

Session to include:

- What is dementia?
- Types of dementia
- How they present
- What can carers do?
- Coping mechanisms
- Q & A



**[www.bdaa.org.uk](http://www.bdaa.org.uk)**

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